

# HE IS THE ONE

Music and Lyrics by Sandra Peppers Cooper

I sing this song to let you know just how I feel  
Because what I am feeling is free will  
I've found the someone in my soul and I've begun  
To love and care about me, yes he is the one

I have lived and I have tried so many ways  
To make others in my life fill up my days  
Well I've grown and learned to stand with him alone  
Now the love that's in my heart's to give and own

All I needed was to listen to him  
Lock up sad memories release troubles from within  
Never to look back at that same old song  
Praise the trails of truth then sing it, sing it strong

HE IS THE ONE WHO MADE IT HAPPEN, OH FOR ME  
JUST HAVE PRIDE AND LOVE YOURSELF AND THEN YOU'LL SEE  
YOU'LL FACE THE DAYS AND YOU WILL WALK OUT IN THE SUN  
SINGING THANK YOU LORD KNOWIN' YES HE IS THE ONE

Leave your ego bring your spirit then you'll share  
The tender truth of happiness begins with prayer  
Look in the mirror with respect be your best friend  
He'll be there to do the rest leave it to him

So listen to the voice inside yourself  
Lock up sad memories put your troubles on the shelf  
Never to look back at that same old song  
Praise the trails of truth then sing it, sing it strong

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